

## Music Listening

This activity is a great way to get youth to interact with the seemingly subtle elements of music and is a good way to introduce youth to new music. This activity works on creative thinking.



### What Materials You'll Need

- Music source
- Speaker
- Music Listening Reflection Sheet (attached)

### Activity Time

10-20 minutes

### Instructions

1. Pick a song
2. Listen to the song or at least a verse and intro if not the whole song
3. Have the youth fill out the music listening sheet to reflect on what they heard and/or go over it with them aloud

This process can be repeated as many times in one session as you wish and/or can be done at different times on different days.

### Reflection Materials

Music Listening Reflection Sheet is attached.

# Music Listening Sheet



Song: \_\_\_\_\_

Tempo:    [super-slow]            [slow]            [medium]            [fast]            [super-fast]

Instruments/Sounds I hear:

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Mood:    [super-sad]            [sad]            [medium]            [happy]            [super-happy]

How this song makes me feel:

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Use the space below to draw how the song makes you feel