

## Topic Tag Activity

Choose your favorite category of any topic (food, shows, books, games) and allow the players to brainstorm while avoiding getting caught. The picker will choose a topic and turn their back on the group while the players will try to be mindful of their voices and any sounds they could make while actively listening for their item from the topic.



### What Materials You'll Need

- No materials needed

### Activity Time

10-30 minutes

### Instructions

1. Choose someone to be the “picker”.
2. The picker chooses a category that everyone knows of, for example, ice cream flavors, books, emotions
3. Have the picker turn away from the group and allow group members to individually choose an item from the topic (chocolate ice cream, vanilla, mint, etc.)
4. Have the group stand in a line to the right of the picker and let the picker start going through the items in the topic
5. Once members hear their item spoken aloud by the picker, they must quietly move to the other side of the picker without being caught
6. If all members make it to the other side without being caught, they win and a new picker is picked. If someone is caught moving sides, they are the new picker

### Reflection Questions

- What did you notice when going across?
- If you were trying to stay quiet, did you notice that everything you do sounds louder? Why do you think that happens?
- Was it easier to choose a normal, ordinary item or something a bit more abstract/obscure? Why is that?
- When you were the picker, how did you listen/identify when people were moving?